Optical Orthogonal Frequency Division Multiplexing Using Interval Shift Key Subcarriers

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Abstract
Optical wireless communication is an emerging dynamic research and development area that has generated a vast number of interesting solutions to very complicated communication challenges. The transmission power employed in optical wireless communication configurations (mainly indoors) is limited by numerous factors, including eye safety, physical device limitations and power consumption, in outdoor and free space optical systems. To overcome the attenuation due to fog, one could employ lasers with higher powers, but this is also limited by the eye safety standards. Both Quadrature amplitude modulation on discrete multitone and multilevel pulse amplitude modulation are spectrally efficient modulation schemes suitable for light emitting diode based communications, but are less power efficient. Orthogonal frequency division multiplexing (OFDM) transmission scheme is a type of multichannel systems. It does not use individual band limited filters and the oscillators for each sub-channel and furthermore, the spectra of subcarriers are overlapped for bandwidth efficiency. In this paper, a modulation scheme named interval shift key modulation is implemented to modulate the subcarriers in optical wireless system introduced to enhance the output signal parameters Mat Lab is used to measure the data rate, the spectral efficiency, the power efficiency and bit error rate. The Simulation results obtained indicate the efficiency of the proposed system for OFDM multiplexing.

Keyword- Optical Wireless Communication, Orthogonal Frequency Division Multiplexing Interval Shift Key , bandwidth efficiency, power efficiency.

1. Introduction
The rapid growth of portable devices and information terminals within indoor environment and the high bandwidth demand for each terminal has already enforced the deployment of advanced communication system using optical wavelength. The radio frequency applications are limited due to the scarcity in available bandwidth as well as high licensing cost, whereas in optical domain the huge unlicensed bandwidth, in excess of 200 THz. Moreover, due to confinement of optical beam within close walls, the same wavelength or a rage of wave lengths could be reused within the same room and neighbouring rooms without any inter-channel and adjacent channel interference. With optical spectrum is free from electromagnetic interference (EMI), the application of the OWC is more suitable for environment where sensitive equipments are needed to be protected from the IME. The visible and infrared (IR) spectrum has been proposed for OWC systems. The clear advantage of visible light communication (VLC) over IR communication is possibility of dual purposes for room lightening and communication [3].

Modulation in OWC depends on the output power variation which called intensity modulation (IM). Unfortunately, the bandwidth of visible and IR light emitting diodes (LED) limited to a few megahertz’s because LEDs inherently have raise fall period which restricts the use of the huge bandwidth of OWC [4].

The conventional modulation techniques adopted in radio frequency (RF) channels can’t be readily applied in optical channels. In fact, LED capacitance prohibits the use of a large number of band-limited pulse shapes. The transmission power employed in OWC configurations (mainly indoor) is limited by numerous factors, including eye safety, physical devices limitations and power consumption. In outdoor free space optical (FSO) systems, to overcome attenuation due to fog, one could employ laser with higher power, but this is also limited by eye safety standards.

Both quadrature amplitude modulation (QAM) on discrete multitone (DMT) and multilevel pulse amplitude modulation (PAM) are spectrally efficient modulations schemes suitable for LED based communication, but are less power efficient. DMT is a baseband implementation of more generalized orthogonal frequency division multiplexing (OFDM) and the most useful for channels with interference or strong low frequency noise due to artificial ambient light sources like fluorescent and incandescent. While L-PAM and L-QAM (where L is number of levels) can provide higher bandwidth efficiency
at the cost of reduced power efficiency, L-pulse time modulation such as pulse position modulation (L-PPM) and digital pulse interval modulation (L-DPIM) can achieve higher power efficiency but at the expense of increased bandwidth requirement. On off keying (OOK) the most widely used scheme in free space optical (FSO) systems offers similar power requirements to 2-PPM whereas the pass band modulation schemes such as binary phase shift key (BPSK) suffer from 1.8 dB power penalty. The bandwidth of the high data rate systems is limited due to the capacitance constraints of the large area constraints of large area photodiodes and therefore the compromise between power and bandwidth requirements must be pursued [5].

Selecting a modulation technique is one of the key technical decisions in the design of any communication system. The Proposed orthogonal frequency division multiplexing (OFDM) with interval shift key (ISK) for subcarrier modulation can provide the balance between high bandwidth efficiency and high power efficiency.

2. Methodology  
   i. Interval Shift keying

Interval shift key is a combination of pulse modulation and shift keying. The ISK frame based on the pulse interval modulation frame (PIM) except pulse that the part represented with a Quadrature amplitude modulation (QAM) frame instead. The ISK uses low bandwidth header to represent high data rate in intervals. Therefore, the ISK is a counter based system and the whole system data rate depends on how fast the system processor can calculate the interval between adjacent headers. Fig. 1 shows the ISK frame [7]. The interval is a decimal composition of any number of bits (M bits) symbol. It is encoded between the two adjacent headers. It is an empty time slots, where every a single time slot duration depends on the system sampling frequency.

![Modulated signal using ISK](image)

Fig.1. A sample of ISK signal of two successive frames that are carrying 16 bits [7].

If there is M bits symbol, it will be converted to its decimal equivalent and a counter will count the intervals which equal to the decimal value. If the most significant bit (MSB) of the symbol is 1, one’s complement of the symbol will be modulated to reduce the intervals (as in dual header pulse interval modulation DH-PIM) and the header will indicate that the change. Moreover, if the next MSB is 1 then, the one’s complement of the rest of the symbol (all bits except MSB) will be calculated [6].

The header is the part that carries the power of the signal. Actually it doesn’t carry any information but it represents how the interval was modulated. Moreover it keeps the synchronization of the frame. Headers carry 3 bits when each bit acts as a flag that represents the characteristics of the data as shown in Table 1.

<table>
<thead>
<tr>
<th>Header Value</th>
<th>Signal</th>
<th>1st MSB=1</th>
<th>1st MSB=0</th>
<th>2nd MSB=1</th>
<th>2nd MSB=0</th>
</tr>
</thead>
<tbody>
<tr>
<td>000</td>
<td>√</td>
<td>√</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>001</td>
<td></td>
<td>√</td>
<td>√</td>
<td></td>
<td></td>
</tr>
<tr>
<td>010</td>
<td>√</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>011</td>
<td>√</td>
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<td></td>
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<tr>
<td>100</td>
<td></td>
<td>√</td>
<td></td>
<td></td>
<td>√</td>
</tr>
<tr>
<td>101</td>
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<td></td>
<td></td>
<td>√</td>
</tr>
<tr>
<td>110</td>
<td>√</td>
<td>√</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>111</td>
<td>√</td>
<td></td>
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</tr>
</tbody>
</table>

The header was modulated using 8-QAM modulation, 8-QAM carries 3 bits in a single symbol with less bit error rate (BER) rather than other modulation schemes that carry 3 bits, like 8-PSK, because of the distance between the constellation points in 8PSK modulation is less than in 8-QAM as shown in Fig.1 [7].

I Q modulation was used to generate 8-QAM level values for header. {-1, -3, +1, +3} values used to represent real and imaginary signal amplitude as in Equation 1 [7].

The Header output signal (X) is given by

\[ X = A \cos(\omega t + \theta) \]  (1)

Where \[ A = \sqrt{(\text{real})^2 + (\text{imaginary})^2} \]

\[ \omega \equiv \text{angular frequency} = 2\pi f \]

\[ \theta = \tan^{-1}\frac{\text{imaginary}}{\text{real}} \]
The ISK system depends primarily on the mathematical and logical operations. So, the system processor speed is the major part in the data rate estimation compared to LED bandwidth as in traditional modulation schemes. Fig. 2 shows the ISK flowchart implemented in this paper.

In ISK as far as the symbol duration varies, the overall data rate varies too. The maximum interval (I) duration \( I_{\text{max}} \) will be achieved when the serial data equals (00111111), while the minimum interval (I) duration \( I_{\text{min}} \) will be achieved when the serial data bits is (00000000). The average ISK frame duration \( T_{\text{avg}} \) is calculated by Equation 2 (8).

\[
T_{\text{avg}} = T_{\text{QAM}} + \frac{T_s(I_{\text{max}}+I_{\text{min}})}{2}
\]

Where \( T_{\text{QAM}} \) is the time for 8-QAM frame.

\( T_s \) is the sampling time.

\( I_{\text{max}} \) Represents the maximum interval duration.

\( I_{\text{min}} \) Represents minimum interval duration

### ii. Optical OFDM

OFDM is defined as the combination of modulation and multiplexing. Multiplexing generally refers to independent signals produced by different sources. In OFDM the independent signals are subsets of one main signal. It transforms the frequency selective wideband channel into a group of narrowband channels [8].

OFDM doesn’t use the individual band limited filters and oscillators for each sub-channel and the spectra of subcarriers are overlapped for bandwidth efficiency where the wideband is fully divided into N orthogonal narrowband sub-channels. This mechanism is shown in Fig. 3. The multiple orthogonal subcarrier signals overlapped in the spectrum can be produced by the discrete Fourier transform (DFT) and the inverse DFT (IDFT) processes. DFT and IDFT can be implemented efficiently by using the fast Fourier transform (FFT) and inverse fast Fourier transform (IFFT) to reduce the number of computations [9].

Fig. 3 OFDM overlapped subcarriers in frequency domain

The sub-carriers in an OFDM system must always be orthogonal for this idea to work. The feature of using OFDM is to modulate the data with no inter carrier guard bands to achieve the maximum spectral efficiency. The
control of band overlapping could be achieved by using any digital signal processing technique since its very sensitive to frequency synchronization. The block diagrams of an OFDM based systems are shown in Fig. 4 and Fig. 5.

In the transmitter, the serial data streams are grouped and mapped into constellation symbols using the binary phase shift key (BPSK), quadrature phase shift key (QPSK) or M-QAM as in traditional OFDM based system.

The Pilots are inserted into the data symbols before being transformed to the time domain signals using the N-orthogonal subcarriers (by applying IFFT) as given in equation 3.

\[
X[n] = \frac{1}{N} \sum_{k=1}^{N} X(k) e^{j2\pi nk/N}
\]

Where: 
N: number of harmonics
n: time samples index
k: frequency samples index

A cyclic prefix (CP) is also added to IFFT output to prevent the time domain signals from overlapping. The block diagrams of an OFDM based systems are shown in Fig. 4 and Fig. 5.

In the implementation of the optical OFDM, the output of IFFT block feeds straight into a digital to analogue convertor (DAC) which translates the discrete IFFT sample points into continuous time varying signals. This continuous time varying signal is then used to drive the intensity of the optical source, typically LED in this case. The DAC is usually designed or chosen such that its output is in the input dynamic range of the driver LED combination. This to avoid any signal clipping which passively affects the system performance. At the receiver side the output is applied to FFT, after removing the cyclic prefix [9].

In some literature it was noticed that a certain range of clipping level can be tolerated without causing degradation in the system performance. However, in general clipping decreases the peak to average power ratio (PAPR) and increases the average AC power, thus leading to high value signal to noise ratio (SNR). To directly modulate the intensity of an optical source, a real positive signal is required. However, the baseband OFDM signals are generally complex or bipolar. The mechanism of making this signal real and unipolar is obtained by applying Hermitian symmetry. It imposes on the complex signal that feeds into the IFFT block. This ensures that the output of the IFFT block is real. Then a DC signal source is added to form the unipolar signal. This is known as DC-optical-OFDM (DCO-OFDM).

An alternative approach is the use of asymmetrically clipped OFDM (ACO-OFDM). In ACO-OFDM, no DC signal is added. The bipolar real OFDM signal is clipped at zero level. So, the entire negative signal is removed. It turns out that if only the odd frequency OFDM subcarriers are nonzero at the IFFT input, the noise caused by clipping affects only the even subcarrier and the data carrying odd subcarriers are not impaired. The spectral efficiency of ACO-OFDM is however only one-half that of DC-OFDM. This is because only the odd subcarriers are data carrying in ACO-OFDM while all subcarriers are data carrying in DC-OFDM. The real, unipolar signal is then used to directly drive the optical source [5].

iii. OFDM with ISK Subscribers

In order to comply with the eye and skin safety regulations, the average optical power emitted by an optical wireless transceiver is limited. Furthermore, in portable battery-powered equipment, it is desirable to keep the electrical power consumption to a minimum which also imposes limitations on optical transmitter power. Consequently, the most important criterion when evaluating the modulation techniques suitable for indoor optical wireless communication systems is the power efficiency. Each of these modulation schemes offers a certain optical average power, and therefore they are usually compared in terms of the average optical power required to achieve a desired bit error rate (BER) performance or signal to noise ratio (SNR). The power efficiency \( \eta_p \) of a modulation scheme is given by the average power required to achieve a given BER at a given data rate [10].

Mathematically, \( \eta_p \) is defined as in equation 4.

\[
\eta_p = \frac{E_{\text{pulse}}}{E_b}
\]
Where $E_{\text{pulse}}$ is the energy per pulse and $E_b$ is the average energy per bit.

Although the optical carrier can be theoretically considered as having an unlimited bandwidth, the other constituents (photo detector area, channel capacity) in the system limit the amount of bandwidth that is practically available for a distortion-free communication system. Also, the ensuing multipath propagation in diffuse link/non-directed line of sight limits the available channel bandwidth. This also makes the bandwidth efficiency a prime metric [10]. The bandwidth efficiency $\eta_B$ is defined as in equation 5.

$$\eta_B = \frac{R_b}{B}$$

Where $R_b$ is the achievable bit rate and $B$ is the bandwidth of the optical transceiver.

In order to enhance the bandwidth and power efficiency of optical wireless communication system, the bandwidth efficient and power efficient modulation (ISK) is used to modulate subcarriers inserted of traditional QAM and PSK modulation schemes. Fig. 6 shows the OFDM with ISK block diagram.

![OFDM system with ISK](image)

3. Results and Discussions

MatLab 7.12.0 (R 2011a) was used to simulate the modulation schemes. The Optical transceiver with a bandwidth of 5MHz was used with a sampling frequency of 1GHz. The OFDM system with 64 subcarriers was used (52 subcarriers for the data and 12 as pilot subcarriers).

Fig. 7 to Fig.15 show the bit error rate (BER) distribution of 4-PAM, 8-PAM, 16-PAM, 16-PSK with OFDM, 64-PSK with OFDM, 16-QAM with OFDM, 64-QAM with OFDM, 256-QAM with OFDM and ISK with OFDM consequently in the presence of Adaptive Gaussian White Noise (AGWN).

With the OFDM advantage of making efficient use of the spectrum by allowing overlap and dividing the channel into narrowband overlapped sub channels. And with high spectral efficiency of ISK modulation, it’s observed that the proposed OFDM system with the introduced ISK modulation offers very high bandwidth efficiency compared to other modulation schemes, this shown in Fig.16.

![BER distribution](image)
Fig. 10 The BER of 16-PSK with OFDM in an AGWN channel

Fig. 11 The BER of 64-PSK with OFDM in an AGWN channel

Fig. 12 The BER of 16-QAM with OFDM in an AGWN channel

Fig. 13 The BER of 64-QAM with OFDM in an AGWN channel

Fig. 14 The BER of 256-QAM with OFDM in an AGWN channel

Fig. 15 The BER of ISK with OFDM in an AGWN channel
Fig. 16 Theoretical bandwidth efficiency of multiple optical modulation schemes

With OFDM advantage of resistant to ISI and high immunity to noise and with ISK based on 8-QAM modulation, OFDM system ISK modulation is found less sensitive to noise. Therefore it has less bit error rate (BER) compared to other modulation techniques.

Since OFDM system with ISK modulation has better performance in the presence of noise, it is more efficient in power consumption than other modulation schemes. Moreover, it has empty slots carrying data which reduce power consumption. High power efficiency makes the OFDM system with ISK modulation suitable when meeting needs of eye and skin safety and battery live in portable devices.

It could be noticed that the BER distribution is not regular in OFDM with ISK modulation because if the header affected by noise, the hole interval also will be affected. The interval affection range depends on value of bits represented on interval.

It seems that 256-QAM with OFDM has better theoretical bandwidth efficiency as in Fig. 16 but in practical environment 256-QAM with OFDM is a very sensitive to distortion modulation as in Fig. 14, so it not suitable for OWC because it needs very high power to ensure suitable signal to noise ratio (SNR).

4. Conclusions

This paper introduces an ISK-OFDM modulation technique for optical wireless communication. Mat Lab is used to obtain the bit error rate, power efficiency data rate and bandwidth of the system. The simulation results are found in a good agreement with those cited in the state of art. It is observed that the ISK-OFDM clearly enhances the power efficiency and the bandwidth of OWC system as compared with the traditional modulation techniques.

References


