

Print Autism Resources for Indian Public Libraries

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Abstract:

In India there are around 3 million people affected with Autism Spectrum Disorder (ASD), a common developmental disability. Parents, pediatricians, educators play an important role in the early identification of the disorder. There is lot unawareness of autism in the general public. The potential of the public libraries in building community health is untapped. The public library can not only build health resources but also assist parents in enhancing health literacy. This article is an attempt to list autism resources in English and other Indian languages.

Keywords: Autism, autism spectrum disorder, public library, English, Hindi, Marathi, Kannada, Malayalam

Introduction:

Merriam-Webster Dictionary defines disability as “a physical, mental, cognitive, or developmental condition that impairs, interferes with, or limits a person's ability to engage in certain tasks or actions or participate in typical daily activities and interactions”. It is a lifelong condition that brings a number of challenges to the affected individuals and their families. Parenting children with disability become much more difficult as compared to parenting a normal child. Post diagnosis, the parents or care takers of the disabled children need a lot of information on a variety of topics such as causes of disability, treatment, medication, education, government facilities and so on. Studies have reported that parents seek information from websites, professionals like doctors, teachers, books, family and friends. (Ahmed, Borst, Yong and Aslani, 2014). The information search of parents of disabled children may vary according to the demographic characteristics such as gender, age, education, family income (Saraswathi, Lissa, Anitha and Kavya, 2013) Public library has tremendous potential to outreach the disadvantaged especially the lower-income population. It is an agency to provide informal learning and lifelong education for all. It serves as a public space and meeting place. Often it is called as “drawing room of the community” (IFLA, 1997).The public libraries are at an advantageous position of building culture of health among common people. They also play a vital role in fostering child and adult literacy implying health literacy, building health resources collection and providing health services. The New Education Policy 2020 of India has stated that the library should develop collection, organize and cater to the needs of the disabled and other differently-abled population. It emphasizes that a wide range of information sources should be made accessible for socio-economically disadvantaged population living in rural and remote areas. The Central and

State governments should take necessary steps to make available disability related books in all Indian languages. The public libraries equipped with ICT should be used for adult education and community activities.

Autism is a group of developmental brain disorders, collectively called autism spectrum disorder (ASD). The term “spectrum” refers to the wide range of symptoms, skills, and levels of impairment, or disability, that children with ASD can have. Some children are mildly impaired by their symptoms, but others are severely disabled. (Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition - Text Revision (DSM-IV-TR). Lwoga & Masha (2013) stated that public libraries should have print and online resources in English and other native languages. Derguy et.al (2015) recognized six needs of parents of children with ASD. One of them is information related to development of child, diagnosis, education, healthcare providers, training in taking care of the child and so on. A study by Martinovic & Stricevic (2016) observed that the parents of children with ASD lack information and have multiple information needs regarding ASD. The authors suggested that such parents need information which is relevant and easily accessible. Al-Daihani and Al-Ateeqi (2015) stressed that libraries should collaborate with social agencies to create disability awareness among the public and develop disability collection in regional languages.

Objectives:

1. To identify Indian and foreign books on autism.
2. To prepare a list of books on autism.

Scope of the Study: The present study is an attempt to identify Indian and foreign printed publications on autism in English and the languages spoken in India.

Criteria for book selection:

1. Books published in English and Indian regional languages were chosen for the study. English books translated in vernacular languages are also considered for the study.
2. The books listed below have been chosen from online bookseller’s website viz. amazon and Flip cart. There are some Indian websites providing various services for autistic children and their families. These websites feature book reviews of Indian and foreign publications reviewed by subject experts and parents themselves.
3. The books should be paperback format and prices of the books are in the range of Rs. 50 to Rs.500.00. The objective behind this is that the books should be affordable both to Indian parents with lower income and public libraries.
4. The bibliographical details for each book comprise of name of author/s, title, price, publisher, language, format, ISBN & country of origin.

Autism Books In English

1. Autism Spectrum Disorders by Victoria Susan

Price: Rs.150.00

Publisher : Atlantic Publishers; Edition (1 January 2012)

Language: English

Paperback: 80 pages

ISBN-10 : 9788126917099/ISBN-13 : 978-8126917099

Country of Origin : India

2. Devin's Life on the Spectrum: The True Story of a Boy Who Changed Lives by Kent Winter

Price: Rs.185.00

Publisher : Notion Press; 1st edition (10 March 2021)

Language : English

Paperback : 184 pages

ISBN-10 : 1638066531/ ISBN-13 : 978-1638066538

Country of Origin : India

3. A Cup of Comfort for Parents of Children with Autism: Stories of Hope and Everyday Success by Colleen Sell

Price: Rs.295.00

Publisher : Cup of Comfort (1 February 2007)

Language : English

Paperback : 336 pages

ISBN-10 : 9781593376833/ ISBN-13 : 978-1593376833

4. Alzheimer's, Autism and Music by Maria Lavelle

Price: Rs.169.00

Publisher : Lulu Press Inc (21 August 2014)

Language: English

Paperback : 43 pages

ISBN-10 : 1291916164/ ISBN-13 : 978-1291916164

5. The Long Ride Home: The Extraordinary Journey of Healing that Changed a Child's Life by Rupert Isaacson

Publisher : Penguin (19 June 2014)

Language : English

Paperback : 352 pages

ISBN-10 : 0670922285/ ISBN-13 : 978-0670922284

Country of Origin : India

6. Beyond the Blue: Love, Life and Autism by Gopika Kapoor

Price: Rs.499.00

Publisher : Notion Press; 1st edition (18 November 2020)

Language : English

Paperback : 226 pages

ISBN-10 : 1636697186/ ISBN-13 : 978-1636697185

Country of Origin : India

7. AUTISM SPECTRUM DISORDER: It's Not a Disability, It's a Different Ability by Prashant Srivastava

Price: Rs. 495.00

Publisher : Authors press (18 August 2021)

Language : English

Hardcover : 118 pages

Country of Origin : India

8. Autism - A Handbook of Diagnosis & Treatment of ASD: A handbook of diagnosis and treatment of ASD by Sumita Bose

Price: Rs. 304.00

Publisher : V&S Publishers; Latest Revised Edition (1 January 2015)

Language : English

Paperback : 160 pages

ISBN-10 : 9357940111/ ISBN-13 : 978-9357940115

Reading age : 10 - 15 years

Country of Origin : India

9. A World of Difference: The Ultimate Autism Handbook for Mindful Parenting by Gita Srikanth and Swati Narayan

Price: Rs. 275.00

Publisher : Notion Press; 1st edition (8 July 2021)

Language : English

Paperback : 218 pages

ISBN-10 : 1639047972/ ISBN-13 : 978-1639047970

Country of Origin : India

10. Autism in Adults by Luke Beardon

Price: Rs. 399.00

Publisher : Sheldon Press (15 April 2021)

Language : English

Paperback : 128 pages

ISBN-10 : 152937541X/ ISBN-13 : 978-1529375411

Reading age : 10 years and up

Country of Origin : United Kingdom

11. Understanding Autism: A Guide for Parents and Teachers by Onita Nakra

Price: Rs. 499.00

Publisher : Notion Press; 1st edition (1 January 2018)

Language : English

Paperback : 342 pages

ISBN-10 : 1644295954/ ISBN-13 : 978-1644295953

Country of Origin : India

12. Living with Special Abilities: A Parent's Journey with Autism by Afroze Jahan

Price: Rs. 299.00

Publisher : Zorba Books; 1st edition (12 January 2019)

Language : English

Paperback : 282 pages

ISBN-10 : 9388497171/ ISBN-13 : 978-9388497176

Country of Origin : India

13. Odd Girl Out: An Autistic Woman in a Neurotypical World by Laura James

Price: Rs.499.00

Publisher : Bluebird (22 March 2018)

Language : English

Paperback : 240 pages

ISBN-10 : 9781509843824/ ISBN-13 : 978-1509843824

Reading age : 18 years and up

Country of Origin : United Kingdom

14. My Autistic Angel: The Ultimate Teacher by Sangeeta Walia

Price: Rs.499.00

Publisher : Yogi Impressions Books Pvt. Ltd. (India) (30 November 2017)

Language : English

Paperback : 308 pages

ISBN-10 : 9382742743/ ISBN-13 : 978-9382742746

Country of Origin : India

15. Innocentism (a story of grit and autism) by Suhasini Malde and Dr. Priyadarshini Nitin Gokhale

Price: Rs.299.00

Publisher : Half Baked Beans (20 March 2020)

Language : English

ISBN-10 : 9384315354/ ISBN-13 : 978-9384315351

Country of Origin : India

16. Pablo: Pablo Picks His Shoes Paperback by Ladybird

Price: Rs. 325.00

Publisher : Ladybird (1 August 2020); Penguin Random House

Language : English

Paperback : 32 pages

ISBN-10 : 0241415756/ ISBN-13 : 978-0241415757

Reading age : 2 - 7 years

17. The Reason I Jump: one boy's voice from the silence of autism by Naoki Higashida, translated by David Mitchell, et al.

Price: Rs. 399

Publisher : Sceptre (24 April 2014)

Language : English

Paperback : 192 pages

ISBN-10 : 1444776770/ ISBN-13 : 978-1444776775

Country of Origin : United Kingdom

18. Fall Down Seven Times, Get Up Eight: A Young Man's Voice from the silence of Autism by Naoki Higashida

Publisher : Sceptre (9 August 2017)

Language : English

Paperback : 288 pages

ISBN-10 : 9781473672437/ ISBN-13 : 978-1473672437

Country of Origin : United Kingdom

19. Pablo: Goodnight Pablo by Ladybird

Price: Rs. 350.00

Publisher : Penguin UK (1 March 2020)

Language : English

Paperback : 32 pages

ISBN-10 : 0241415241/ ISBN-13 : 978-0241415245

Reading age : 1 - 5 years

20. How to Start Looking at Autism by Greg Stucky

Price: Rs. 467.00

Publisher : Greg Stucky (5 March 2020)

Language : English

Paperback : 68 pages

ISBN-13 : 979-8201438326

Country of Origin : USA

21. Caliburnus by Annabelle Lewis

Publisher : Pepe Press (17 April 2020)

Language : English

Paperback : 60 pages

ISBN-10 : 1734375701/ ISBN-13 : 978-1734375701

Country of Origin : India

22. Aaditya: A family's journey with Autism (Fiction) by Madhuri Lele

Price: Rs.350.00

Publisher : VL Media Solutions; First edition (1 January 2015)

Language : English

Paperback : 325 pages

ISBN-10 : 9385068741/ ISBN-13 : 978-9385068744

Country of Origin : India

23. 'No Looking Back' by Shivani Gupta

Price: Rs 257.00

Publisher : Rupa Publications (5 February 2014)

Language : English

Paperback : 272 pages

ISBN-10 : 8129129132/ ISBN-13 : 978-8129129130

Country of Origin : India

24. Autism and Asperger Syndrome in Adults (Reissue)

Author: Luke Beardon

Price: Rs. 399.00

Published By: Sheldon Press

Language: English

ISBN: 9781529375411

Cover Type: Paperback

25. Autism Nature and Needs (English, Hardcover, unknown)

Price: Rs. 199.00

Language: English

Binding: Hardcover

Publisher: Kanishka Publishing House

ISBN: 9788173919824

Pages: 250

26. Autism: Pathways to an Inclusive Life by Rubina Shanker Lal

Price: Rs. 375.00

Language: English

Binding: Paperback

Publisher: Blue Rose Publishers (Edition: 1, 2018)

ISBN: 9387792218/ 9789387792210

Pages: 167

27. Rights of Persons with Disabilities Act, 2016 along with Rules amended in 2020 and National Trust for Welfare of Persons with Autism, Cerebral Palsy, Mental Retardation with Multiple Disabilities Act & Guidelines Paperback – 1 January 2020 by Professional's (Author)

Price: Rs. 158.50

Publisher : Professional Book Publishers (1 January 2020)

Language : English

28. Overcoming Autism: Finding the Answers, Strategies, and Hope That Can Transform a Child's Life by Lynn Kern Koegel and Claire LaZebnik

Price: Rs. 480.00

Publisher : Penguin Books; Revised, Updated edition (25 March 2014)

Language : English

Paperback : 432 pages

ISBN-10 : 0143126547/ ISBN-13 : 978-0143126546

29. The Conscious Parent's Guide to Autism: A Mindful Approach for Helping Your Child Focus and Succeed (The Conscious Parent's Guides) by OT Marci Lebowitz

Price: Rs. 504.00

Publisher : FW Media (30 March 2016)

Language : English

Paperback : 240 pages

ISBN-10 : 1440594171/ ISBN-13 : 978-1440594175

30. Parents Handbook: Children with Communication Disorders by Jewel Autism Centre

Price: Rs.120

Publisher : Notion Press; 1st edition (13 February 2021)

Language : English

Paperback : 62 pages

ISBN-10 : 1638321930/ ISBN-13 : 978-1638321934

Country of Origin : India

31. The Curious Incident of the Dog in the Night-Time by Mark Haddon

Price: \$6.35

Publisher: Vintage Contemporaries; 1st edition (May 18, 2004)

Language: English

Paperback: 226 pages

ISBN-13: 978-1400032716

Free downloaded books on autism on www.freepsychotherapybook.org

Indian Languages

32. Autism Amader Asadharan Sishura by Chakraborty Suniti

Price: Rs.237.00

Language: Bengali

Binding: Hardcover

Publisher: Ananda Publishers Pvt. Ltd, Publishers & Booksellers

ISBN 10: 9350401177/ ISBN 13:9789350401170

33. Autism by Sabyasachi Parua

Price: Rs.100.00

Language: Bengali

Binding: Hardcover

Publisher: Parul

ISBN10: 9381140863/ ISBN 13:9789381140864

Pages: 112

34. When I Met the "Unexpected" - A Guide for All Parents by Pragya Sharma

Price: Rs. 279.00

Publisher : Notion Press; 1st edition (10 November 2020)

Language : Hindi

Paperback : 148 pages

ISBN-10 : 163714153X/ ISBN-13 : 978-1637141533

Country of Origin : India

35. Bol Halke Halke Part-1 by Aarti

Price: Rs.200.00

Publisher : Bharat Book Centre; First edition (1 January 2018)

Language : Hindi

Paperback : 64 pages

ISBN-10 : 817678298X/ ISBN-13 : 978-8176782982

Country of Origin : India

36. Bol Halke Halke Part -2 by Aarti

Price: Rs. 200.00

Publisher : Bharat Book Centre; First edition (1 January 2018)

Language : Hindi

Paperback : 64 pages

ISBN-10 : 8176782998/ ISBN-13 : 978-8176782999

Country of Origin : India

37. Bol Halke Halke Part-3 by Arati

Price: Rs. 200.00

Publisher : Bharat Book Centre Lucknow (1 January 2021)

Language : Hindi

ISBN-10 : 819460902X/ ISBN-13 : 978-8194609025

38. Autism in Tamil

Price: Rs. 75.00

Publisher : Santha Publishers (1 January 2008)

Language : Tamil

Country of Origin : India

39. Autism Tamil Edition by S Bharathi

Price: Rs.100.00

Language : Tamil

ISBN-10 : 9382826602/ ISBN-13 : 978-9382826606

40. Advaita & Autism by Lakshmi

Paperback edition

Price: Not available

Publisher : Generic (1 January 2019)

Language : Tamil

41. Padika thinarum kulandhaikalum jayukum by S.K.Murugan

Hardcover

Publisher : Ghanaguru Publication; Third Edition (1 January 2012)

Language : Tamil

Hardcover : 252 pages

ISBN-10 : 8193016017/ ISBN-13 : 978-8193016015

Reading age : 15 years and up

42. Autism Malayalam (Malayalam Edition)

Price: Rs.221.00

Language : Malayalam

Print length : 12 pages

43. Autism Ek Bikat Vaat Te Vahivaat – Book about Autism in Marathi

Author: Sunita Lele

Price: Rs.230.00

Available at: Forum For Autism # 1, Sorab House 6 Garden Road Colaba, Mumbai 400039

44. Autism in Hindi-Swalinata-aatmavimoh: asd-syndrome (disease-information) by Manoj Bhargav

Price: Rs.69.00

Publisher : KDP; 2nd edition (26 July 2019)

Print length : 13 pages

45. Autism – How to Help Your Young Child by Leicestershire Country Council and Fosse Health Trust Title translated into Kannada: Title: Autism Iruva Nimma Maguvige Hege Sahaya Madabahudu? By Dr. C.R. Chandrashekar

Language: Kannada

Year of Publication: 2009

Publisher: Navakarnataka Publishers Pvt. Ltd

Embassy Center, Crescent road, Bangalore 560001

46. Why does Chris do that? By Dr. Tony Attwood translated into Kannada: Title: ‘Autism’ makkala lalane – palane by Dr. C.R. Chandrashekar,

Language: Kannada

Year of Publication: 2009

Publisher: Navakarnataka Publishers Pvt. Ltd

Embassy Center, Crescent road, Bangalore 560001

47. Education of Children and Young People with Autism by Dr. Rita Jordan Translated: Into Tamil: Autism Ulla Kuznanthaigal Matrum Ilagayarkallukana Kalvi Murai: by Mrs. Ramamani Sunder

Language: Tamil

Original English Title:

48. Education of Children and Young People with Autism by Dr. Rita Jordan Translated: Into Bengali Title: Autistic Shishu O Tarunder Shikkha by Shirshendu Chakrabarti

Language: Bengali

Conclusion:

It was observed during the search that there are very limited publications on autism spectrum disorder. India is a multi-state and multi-lingual country. There are 22 regional languages recognized by the Constitution of India and more than 19500 dialects or mother tongues are spoken in India (Census, 2011). These languages are listed under ‘Scheduled languages’. Hindi and English languages are official languages used in parliament proceedings, judiciary and for communication between Central and State government. There are 30 books in English and 17 books in Indian regional languages on autism identified during the study. This shows that there is a great need for autism books to be published in Indian languages. The resources listed above are recommended for collection development in public libraries in India as well as they are also meant to serve the parents, educators, psychologists, doctors and interested persons who wish to gain knowledge on various aspects of autism.

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