

Infertility – Remedies Based On Vedic Astrology

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Abstract

Abstract: Vedic Astrology is an ancient Indian science which explains planetary motions and positions with respect to time and their effect on humans and other entities on earth. With the individual birth charts one can predict various stages of events in humans like Education, Jobs, Health, Marriage, Children, and Prosperity etc. In this paper we are confining to explain probable causes for not having children based on Vedic Astrology. 280 birth charts of 130 childless couples' horoscopes are collected and analysed. For the Birth charts which are having the promise of children and still not having the children, the suitable remedies like Mantra, Tantra, Yatra, Homa, Artificial fertility and medical intervention are suggested. The suitable time (Muhurtha) is predicted based on Vedic astrology for the remedies including artificial fertility methods and the results were presented. The results are encouraging and showed that Vedic astrology is useful to have the children.

Keywords: Vedic Astrology, Infertility, Santana Yoga, Remedies, Progeny.

1. Introduction

Jyotisha Shastra has been widely discussed in Vedas. In *Rigveda* through 30 shlokas, In *Yajurveda* through 44 shlokas and in *Adharvana Veda* through 162 shlokas, the astrology is deeply discussed. In ancient *Puranas* the Jyotisha Shastra referenced many places. Vedic astrology has many branches. *Siddanta* astrology deals with Astronomy and its applications. *Samhita* covers Mundane astrology, predicting important events related to countries such as war, earth quakes, political events, astro - meteorology, financial positions, electional astrology; house & construction related matters (Vaastu Shaastra), animals, portents & omens etc. *Hora* (Predictive astrology) covers important events in human life like Jod, Marriage, Children, Health and prosperity etc.. Due to change of Indian Culture over the years, our traditions and hence life styles are changing. Now a days both husband and wife are leading busy lives, in that process enough time is not given to family life, causing derived problems like not having children, not able to bring up the children properly, Health issues etc. In India, it is observed that around 4.5 lakh couples are suffering for want of children and going for infertility Hospitals for artificial fertility. "Out of 250 million individuals conservatively estimated to be attempting parenthood at any given time. 13 to 19 million couples are likely to be infertile," the Union minister of health had sounded the alarm in 2008. *The 2017 Revision* report estimates that the fertility rate of Indians (measured as the number of children born to a woman), has plummeted by more than 50 percent, from 4.97 during the 1975-80 period to 2.3 for the current period of 2015-20. By 2025-30, the report projects, the rate will nosedive further to 2.1, touching 1.86 from 2045-50 and 1.78 from 2095-2100. A fertility rate of about 2.2 is generally considered the replacement level, the rate at which the population would hold steady. When the fertility rate dips below this number, the population is expected to decline (www.thediplomat.com). According to the Indian Society of Assisted Reproduction, infertility currently affects about 10 to 14 percent of the Indian population, with higher rates in urban areas where one out of six couples is impacted. Nearly 27.5 million couples actively trying to conceive suffer from infertility in India.

Table 1: India - Historical Fertility Rate Data

Year	Fertility Rate	Growth Rate
2021	2.179	-0.950
2020	2.200	-0.900
2019	2.220	-0.890
2018	2.240	-1.370

2017	2.271	-1.350
2016	2.302	-1.370
2015	2.334	-1.310
2014	2.365	-1.290

Data Source: [United Nations - World Population Prospects](#)

Infertility is the big worrying factor to the government and not only to the individual couples. It will affect the social and interpersonal relationship. The outcome of infertility will have its effect on different aspects of the life of the individual and nation. In India, women suffer from the brunt of the social, psychological and physical consequences of childlessness. Childlessness destabilized marital bonds with gendered consequences. For women, motherhood is not only a foundation of status and power; it is the only opportunity for women to ensure their marital security. Women experience abuse, exclusion, rejection and stigmatization at the couple, household and societal level, while men experienced minor taunting, teasing from friends. The text must be in English. Authors whose English language is not their own are certainly requested to have their manuscripts checked (or co-authored) by an English native speaker, for linguistic correctness before submission and in its final version, if changes had been made to the initial version. The submitted typeset scripts of each contribution must be in their final form and of good appearance because they will be printed directly. The document you are reading is written in the format that should be used in your paper.

2 Methodology adopted for the Study:

Generally, to investigate infertility, the birth chart of the native is studied for the promise of children. 5th house and Jupiter as karaka are responsible for children. If there is a promise of children in birth chart then only proceed to further and determine the reason for delay of children. If there is no promise of children in birth chart, the adoption of children is suggested. The reasons for delay may be due earlier janma shapas (purva janma karmas), Self-induced delay (using contraceptives), Medical abnormalities etc. The appropriate remedies like Mantra, Japa, Homa, Yatra, Medical intervention and Artificial fertility methods etc. are suggested for having the children. By studying the Dasha and Antardasha, the proper time for going to remedy is determined with the help of astrology and advise the native to implement the same at that particular time and observe the results. The methodology is explained through Fig.1.

3 Determining Promise of Children through birth chart:

3.1 5th house and Jupiter

The main concept of marriage and married life is for continuation and prosperity of one's generation. No family is complete without the blessings of Almighty in the form of a child as a wonderful gift or couple's creativity. It also means *Vansha Vriddhhi* or absolves one of *Pitra-Rin*. The scriptures have time and again emphasize that the children and happiness or otherwise is the effects of one's own past Karmas. It is also universally acclaimed that the 5th house and Jupiter as Karaka are mainly responsible for children. The 5th house could be from ascendant, Moon, Arudh lagna, Karakamsha lagna, Karaka Jupiter or from the Dasha lord. Similarly in addition to Jupiter, Jaimini's Putra-Karaka (the planet with fifth highest longitude san sign), 5th lord, Navamsha lord of 5th lord or Navamsha lord of mid-point of 5th house (if no planet is placed in 5th house) or depositor of 5th lord or any other planet (called a Key planet) who is related to the 5th house as stated above could give child to a native during its period. Sun, Mars, Saturn, Nodes and 12th lord are considered malefic (except when they are 5th lord) and are particularly adverse in child birth if a *Prishtodaya* sign (Aries, Taurus, Cancer, Sagittarius and Capricorn) falls in 5th house. Scorpio and Capricorn are considered violent sign causing risks to life of children.

3.2 Beej Sphuta / Kshetra Sphuta (BS/ KS):

The man's strength for impregnation depends on Sun and strength of semen on Venus. In females, sound condition of the ovary is denoted by Moon and the fitness of ovum by Mars. The conception takes The man's strength for impregnation depends on Sun and strength of semen on Venus. In females, sound condition of the ovary is denoted by Moon and the fitness of ovum by Mars. The conception takes The *Kshetra sphuta* (KS) is the sum of the longitudes of Jupiter, Moon & Mars. If the BS is in odd sign & odd Navamsha, virility is assured; and KS in even sign & even Navamsha denote fertile soil ensuring conception. If either *Sphuta* is odd in one & even in another, the male/ female need medical treatment to get a child after delay/ difficulty. If BS is in even sign in Rashi and Navamsha and KS in odd sign in Rashi and Navamsha, the seed/ soil is defective. BS in 9th house show low virility and KS in 5th house denote miscarriages. If either *Sphuta* is afflicted by malefics or the 5th/9th from it is occupied by a malefic, it may not give the desired results. Rahu should also not join

these *Sphuta* in either male/ female charts. On the other hand, if either *Sphuta* is inspected/ conjoined with benefics, strong and favourable results occur. Similarly if the *Sphuta* is in 2nd, 5th or 11th house, it indicates good promise.

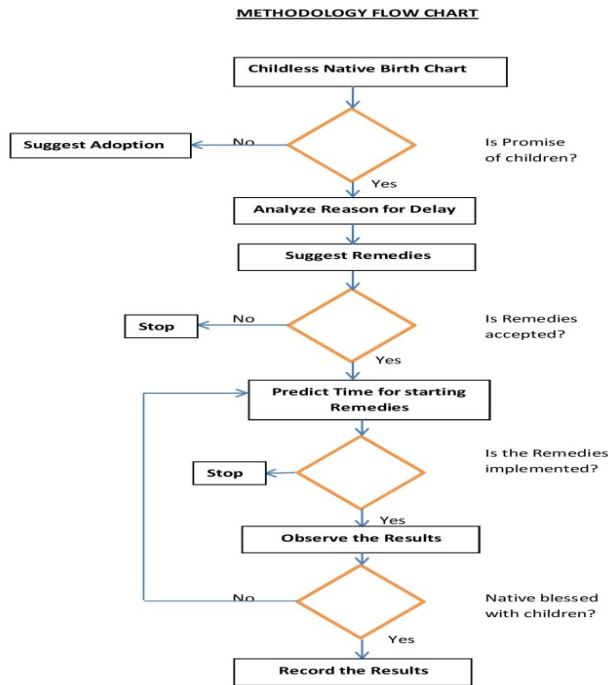


Fig. 1: Methodology Flow Chart

3.3 Arudh Pada:

Another method to ascertain procreative power is through Arudh pada. Determine the Arudh *padas* of 3rd & 9th house from Lagna (A-3 & A-9) and from Sun (AS-3 & AS-9). Arudh pada from Sun denotes strength of the sperm while Arudh pada from lagna constitute physical ability. If the Sun is in 2, 6, 8 or 12th from As-3 or As-9, or Mercury/ Saturn conjoins it, or the 5th from it is afflicted, it constitutes infertility. But if only one set is afflicted, child birth is delayed but not denied but medical attention is required to rectify/ strengthen the semen. In case of female, replace Sun by Moon.

3.4 Santan Tithi:

As per Phaldeepika, the *Santan tithi* is calculated as follows; (Moon's longitude- Sun's longitude) x 5 and divided by 12. If quotient is *Q*, the *Santaan tithi* is *Q+1*. If Moon's longitude is less than that of Sun, add 360 to Moon's longitude before deduction. If quotient is more than 30, deduct multiples of 30 from it. The first 15 tithis are of bright half. The *Rikta tithis* 4, 9, 14, *Chhidra tithis* 6, 8, 12 and 15 & 30th tithis are considered inauspicious, Similarly *Vishti (Bhadra)Karan* is bad. These tithis and Karan requires propitiation by worshipping deity as given in parenthesis- for 4th tithi (snake god), 6th - (Kartikeya/ Hanuman), 8th - (fast in *Shravan* month), 9th (Ramayan), 12th - (donate grain), 14th (Rudra/ lord Shiva), 15th (*Pitr* or ancestors) and for *Vishti Karan* (lord Krishna).

3.5 Basic Promises of Children as per astrology:

These should be seen from lagna, Moon and karaka Jupiter

1. The Jupiter or Venus in lagna gives many children.
2. The lagna lord conjoined with or aspected by benefics many children.
3. The lagna lord and 5th lord in own signs or exchange sign indicate good promise.

4. 2nd lord in lagna/ 5th house or their exchange gives children
5. Beej or Kshetra Sphuta and their lords must be strong.
6. Lagnesh and 5th lord should be related and well placed in good houses in birth and Saptamsha chart.
7. Jupiter, Moon, Venus and Mercury are in any good house jointly or severally without malefic influence.
8. Jupiter is strong and 5th lord aspected by Lagnesh.
9. Strong Jupiter aspects 5th house and Moon, Mars and Veni are in their own Navamsha.
10. 5th lord is related with strong 2nd, 9th or 11th lord in a good house and aspected by a benefic.
11. Putra Saham (sum of longitudes of Jupiter-Moon+ lagna) strong & well aspected and Jupiter's transit over it/ its trines
12. 5th lord and Jupiter and their depositors are strong and it benefic Vargas.
13. Venus/ Moon in own sign is related with 5th house/ lord or Jupiter.
14. Lagnesh or 5th lord is in 1, 2, 3, 9 or 11th house.
15. If 5th house/ lord weak, but 9th and 10th house/ lord are strong.
16. Sun or Moon with Rahu in lagna/ Arudh lagna aspected by benefics.
17. If the Navamsha lord of the 5th lord or of mid-point of 5th house, is conjoined with or aspected a benefic like Jupiter/ Venus, one may acquire children.
18. If the Navamsha lord of Jupiter is in a Kendra and is conjoined with or aspected by benefic/ (s), there will be acquisition of children.
19. If the 5th lord and the Lagnesh or their Navamsha lords exchange places, there will be acquisition of children.
20. If the Navamsha Lord of 5th house joins 5th house with a benefic, acquisition of children is indicated.
21. If the Bhava Madhya (Mid-point) of 5th house falls in a Navamsha of Venus, one may have many children (more daughters), as Venus indicates fecundity and is one of the qualification of begetting many children.
22. Benefics alone in 4th house or Jupiter exalted in 6th house or 5th & 7th lords in 11th house or all the malefics in 12th house or a malefic as 5th lord in 5th house are good for progeny.
23. The Jaimini's Putra-karaka (the planet with fifth highest longitude san the sign) should be strong and well placed.
24. In a female chart, Mars, Saturn and Rahu are in Kendra/ Trikone; or Mercury, Jupiter and Venus together in any house; or lagna and 9th lords in 7th, 7th lord in 11th and 11th lord in 5th indicate many children.
25. As per Saptrishi Nadi, a strong 5th and 10th house and their lords are better indicator of the promise. Again 3rd being house of valour and stamina and 5th being 3rd of 3rd house, without strong 3rd house/ lord, it is difficult to have a child.
26. The Saptamsha has the most crucial role in indicating promise of children through its lagna, 5th house and their lords.

Let us examine a birth chart, Fig. 2, Fig.3 and Fig.4, for seeing the promise of progeny

			Ke
	Natal Chart		AL
Sa UL	Rasi		Ju
Ra	Mo Ma Su (Me)	Ve AS	

Fig. 2: Birth Chart

(Me) Sa As Ke			
	Natal Chart		
	Navamsha		Mo
AL Su	Ve	Ma	Ra Ju

Fig. 3: Navamsha Chart

	AL Ra	UL	Mo
As	Natal Chart		Ma
	Saptamsha		
Ju	Ve (Me)	Ke	Sa Su

Fig.4: Saptamansha Chart

This birth chart is of Libra lagna. The lagna lord Venus is in string position. 5th lord Saturn is at 5th place and in vyayam. 9th lord mercury is in second place from lagna. Putra karaka Jupiter is in 11th place aspecting 5th place. Hence promise of children. Further, the Jupiter is at 10th place from moon and sun. Also the Jupiter is in second place from Aruda lagna. In

Ashtakavarg, the Jupiter is strong with 6 points. Navamsa is having Pieces lagna and here Jupiter is in strong place at 7th place. These are all indicating promise of children. The native is blessed with daughter during February, 2021.

4. Predicting the time for having children based on Vedic Astrology:

4.1 The concept of dasha/ period is unique to Vedic astrology to fix the timing of fructification of various events promised in a native's horoscope. At any given time, the dasha lords would be governing the life of a native. In Vedic astrology, the most popular and effective dasha in *Kaliyug* (present age) is Vimshotri (120) dasha system. Any planet bestows its good or evil effects only during its dasha, Antar Pratyantar dasha and not otherwise, For any event to happen, Dasha should be given the maximum weightage. An event may occur only if the dasha allows it. Once the dasha allows, we should check the current Antar-dasha; if this period allows the event, we should check the nearest Pratyantar-dasha and then the transit to pinpoint the day of happening. But if the current Antar-dasha does not allow the event, we should check the next Antar-dasha and then the Pratyantar-dasha and transit. Another view is that the dasha lord generates the results mainly on guidelines supplied by the Antardasha lord and the Pratyantar dasha lord puts the seal of timing on the result. However no Antardasha lord can dictate its results to Mahadasha lord against its basic traits. Therefore the first step to see in a horoscope is to find the dasha periods, a native is running and the relationship of their lords with other planets and houses. However, it should always be remembered that only such events can materialize as are promised in the birth chart; dasha or transit cannot deliver something which is not promised in birth chart.

4.2 A planet would give results as per its significations/ *Karakatwa*, and of planets and houses with which it is related. All these influences result in a holistic manner and not separately. However Pratyantar-dasha lord functions within the guidelines of Antar-dasha lord, who in turn behaves within overall influence of major dasha lord. A planet is related to another planet by association, conjunction, its dispositor, mutual exchange, under same Nakshtra lord or through same Navamsha lord or through the relevant Karaka. Similarly a planet may be related to a house in more than one way; it is posited in or owns or aspects (in birth/ relevant divisional chart) or its dispositor is posited in the house. When more than one planet is related to a house, planet and/ or the Karaka, the relative strength of these will decide the issue.

4.3 The major period of a planet covers a large part of life extending over a number of years. The Antardasha periods, though smaller, still cover a sizable period. But Pratyantar dasha period is more specific as it extends only over a few months at the most. Hence it is the Pratyantar dasha period which is the trigger for an event to happen. The analysis of the effects other finer periods beyond Pratyantar dasha, is generally unproductive, since computation of such periods gets flawed due to lack of accuracy in the exact time of birth and use of different *Ayanamsha*. A planet would give results relating to a specific aspect of a house in the birth chart, in its main dasha period if the planet is:

- i) Related to the house.
- ii) Related to the same number of house from Karaka.
- iii) Related to same number of house from Arudh lagna.
- iv) Related to the factor of gain or loss and physical or mental.
- v) Related to the same number of Arudh of the house of karaka.

Let us examine another horoscope, Fig.5, Fig. 6 and Fig. 7, for predicting Dasha/Antardasha. And remedies

Ra	(Ju)		Mo
	Natal Chart		AL
	RASI		
	Sa	Ve As Me	Ma Ke Su

Fig. 5: Birth Chart

Ma Me AS Ke	(Ju)	AL	
	Navamsa		
Sa			Su
Ve Mo			Ra

Fig. 6: NavamsaChart

	Ke (Ju)	Ma	
Me UL	Saptasa		Mo Su
Ve	As	Ra Sa	

Fig. 7: Saptamsa Chart

The native is having Scorpio lagna. Lagna lord Mars is in 11th house. Rahu is in 5th house from lagna. 9th lord moon is in 8th house (Trick house). In birth chart Scorpio in even sign, in Navamsa, Sagaratius is in odd sign and Virgo is in even sign. All these factors are indicating the promise of children.

In birth chart 5th lord Jupiter is in 6th house. Navamsa, is having Pieces lagna and karaka Jupiter is in second house. Saptamsa is having Scorpio lagna and Jupiter is in 6th house. Moon is in Gemini and Mars in Virgo, which are Shuska Raasis. Because of these, there indicated a delay in having children.

When we study the native’s Dasha system for predicting the time for children, during Jupiter mahadasha and Rahu antar dasha, we found Jupiter, Rahu and Moon are favourable. That period is between 26-8-2018 to 08-11-2018.

Since Moon and Mars are weak and causing delay for children, suggested Japas for Mars and Moon during Jupiter mahadasha and Rahu antar dasha period. After performing remedies, the native blessed with daughter in that period.

4.5 Predicting Time of Progeny:

If progeny is promised, the time of pregnancy is indicated by-

- i) Pregnancy may be expected during dasha/ Antardasha of powerful among lagnesh, 5th lord, 7th lord, 9th lord, Jupiter, Moon, Rahu, their depositor or Navamsha lord, planets in 5th house or aspecting 5th house/ lord.
- ii) Saturn and Jupiter’s connection with lagna and Lagnesh, 5th house/ lord or 9th house/ lord through PAC from lagna and Moon.
- iii) The distance of 5th lord to Lagnesh or 5th house denotes time interval to get pregnant.
- iv) Close relation among any two of the following-5th lord from ascendant, Moon, Jupiter, Jaimini Putra Karaka and from Karakarnsha lagna.
- v) Presence of unafflicted Mercury in 5th house indicates early and repetitive pregnancy.
- vi) Strong Jupiter/ Venus in 1st, 5th, 7th or 9th house.
- vii) Any of the above in Navamsha and/ or Saptamsha.
- viii) During transit, Saturn and Jupiter separately influence 5th house/ lord.
- ix) In transit, Lagnesh, Jupiter, 5th lord and 9th lord conjoin or aspect each other.
- x) In transit, Jupiter enters the sign or Navamsha of 5th lord from Lagna, Moon or Jupiter.
- xi) In transit, Mars and Venus together aspect 1, 5, 9 or 10th house/ lord.

Let us examine another horoscope, Fig. 8, Fig. 9, and Fig. 10, for predicting the time for progeny

		Ra As	
Su	Natal Chart RAASI		
Ve Me			Mo
Ju	Ke	Sa Ma	AL

Fig. 8: Birth Chart

	Sa	Ma	Ra As
Ve	Natal Chart Navamsa		Ju Me AL
Ke	Mo Su		

Fig. 9: Navamsha Chart

Ra Ma AS Sa			
Ju	Natal Chart Saptamsa		
Mo			Ve
	Me		Ke

Fig.10: Saphthamansha Chart

The native is married in 2013. The native has Taurus lagna with lagna lord Venus in 9th house. The 5th lord Mercury is in 9th house. The putrakaraka Jupiter is at 8th place from lagna and in strong position. Jupiter is in 5th place from moon and in strong place. Jupiter is in 11th place from Sun and 4th place from Aruda lagna. Navamsa lagna is Gemini. The karaka Jupiter is in strong position The KS is strong. All the above are indicating promise of Children.

However, 9th lord Saturn is exalted in 6th house and with 22 drekkana lord. The saptamsa is having pieces lagna. Putra karaka (PK) Jupiter is in 12th place from lagna. These are indicating delay in having children.

After studying dasha, the native is having the putra dasha during Rahu maha Dasha and Saturn Antardasha which is spreading from 3rd February, 2017 to 13th December, 2019. In this period Rahu is in strong position. Since Kuja is main reason for delay, the native is advised to perform Chandi yagam and Subramanya swami Abhishekam during favourable Dasha period. After performing remedies she is blessed with son during September, 2018.

4.6 Remedies

- i) Mantras includes chanting of mantras for 5th lord, Jupiter and santhana Gopala Mantra etc
- ii) Tantras includes installation of idols, construction small temples for Naga, worshipping Banyan tree etc
- iii) Yatra includes visiting of certain temples for Progeny such as Garbha rakshambika temple (TN), Sakshi Gopal temple (Odisha), Vada Araneswara Temple (TN) etc Homas such as Santhana Lakshmi
- iv) Homa, Santhana Gopala Homa, Putra Kameshti Homa etc.
- v) Donation pertaining to 5th Lord or Jupiter in Horoscope, feeding Cows etc
- vi) Fasting on day of sign lord where panchama Aruda falls in.
- vii) Artificial Fertility means of going to medical hospitals to have children artificially
- viii) Medical intervention means going to hospitals for Hormone improvement, philophine tubes opening

5. Test Results and Analysis

Around 280 birth charts (of 130 married couples) who are suffering for not having children have been collected for study. The birth charts are filtered and considered for further study, only the persons who are having promise of children in their horoscope and presently not having children. The native's Dasha and Antardasha is analysed and predicted the time for having the children. For these people, the various remedies like Mantra, Japa, Homa, Yatra, medical intervention and artificial fertility methods have been suggested and implementation observed. For Mantra 28 people, Tantra 22 people, Yatra/Temple visit 40 people, Homa 8 people and artificial fertility 14 people, Donation 33 people and Fasting 15 people have been suggested. After implementation, the results are as follows:

Total Infertility Birth Charts considered: 280 (130 married couples)

The summary of Analysis as below:

5th House affliction	134
5th lord affliction	139
Jupiter affliction D1	154
Jupiter affliction D9	163
Binnastaka varga 3 or less	177
sahaja santhanam	31
delay progeny	117
no progeny	122
krutima santhanam	14
Dattata	2
medical intervention	132
no medical intervention	138
remedial measures performed	144
no remedial measures	136
Nadi dosham	30

Birth Charts having Promise of Children: 280-122=158

Remedies suggested: 158

Table 2: Results obtained

S.No.	Type of Remedy	No. of people suggested	No. of people implemented	No. of people had children
1	Mantra	28	22	10
2	Tantra	20	10	5
3	Yatra/Temple Visit	40	30	18
4	Homa	8	4	2
5	Artificial fertility	14	10	7
6	Donation	33	28	16
7	Fasting	15	8	3

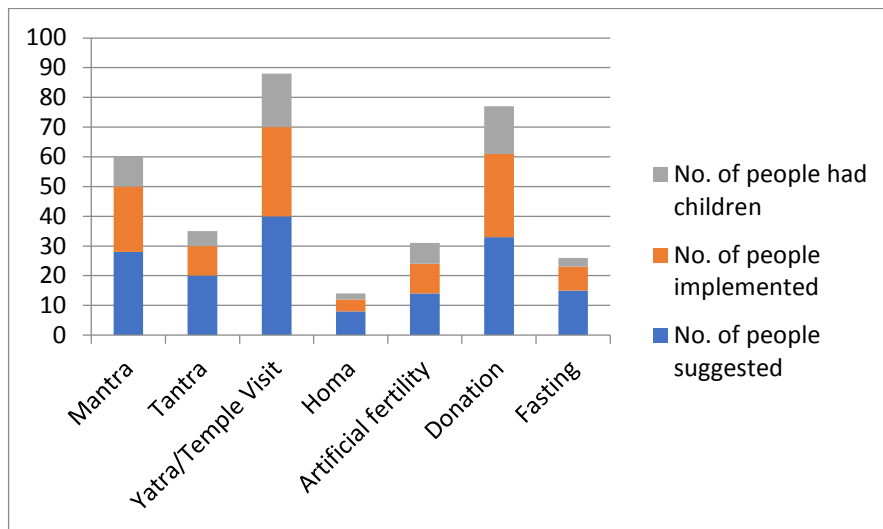


Fig. 11: Result Analysis

6. Conclusion and Future Scope of study

In this paper it is explained how Vedic Astrology is useful for finding causes for infertility. If there is a promise of children in the native's birth chart and still not having children, the various remedies available in Vedic Astrology have been discussed. The timing (Muhurtha) of having the children based on native's Dasha, Antardasha is calculated and suitable remedies suggested including suggesting time for going artificial fertility. The test results are encouraging and showed that Vedic Astrology is useful for having children. For the future study, it is suggested to take a large number of infertility couples samples and predict and suggest the remedies/timing for having children and consolidate the results.

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